

**ASSESSMENT REPORT  
CENTRAL NEW MEXICO COMMUNITY COLLEGE**

The purpose of this form is to provide a written summary of your assessment results for the current assessment cycle.

Fall 2011-Spring 2012  
\_\_\_\_\_  
(Assessment Period Covered)

6/6/12  
\_\_\_\_\_  
(Date Report Submitted)

**See definitions for each category in Assessment Process document**

<b>Choose one:</b>			
<b>Gen Ed Area</b> (see definitions)	_____	or	<b>Program</b> <span style="float: right;">Fitness _____</span>
AA/AS	<input type="checkbox"/>		Certificate <span style="float: right;"><input checked="" type="checkbox"/></span>
AAS	<input type="checkbox"/>		AA/AS <span style="float: right;"><input type="checkbox"/></span>
			AAS <span style="float: right;"><input type="checkbox"/></span>
<b>Discipline Area</b> (see definitions)	_____		
<b>Outcome(s) Assessed:</b>			
<ol style="list-style-type: none"> <li>1. The student will be able to assess an apparently healthy individual's physical fitness and health status based on industry standards.</li> <li>2. The student will be able to prescribe and properly and adequately implement an appropriate, periodized, goal-oriented exercise program based on industry standards</li> <li>3. The student will demonstrate a high degree of readiness to take and pass the National Strength and Conditioning Association Certified Personal Trainer (NSCA-CPT) and American College of Sports Medicine's certified Personal Trainer (ACSM-cPT) certification exams by successfully completing curricular assignments and written and practical examinations based on the NSCA's "<i>Job Analysis Task List</i>" and the ACSM's "<i>Knowledge, Skills and Abilities</i>".</li> </ol>			
<b>Classes/Cohort Assessed:</b>			
FITT 1572 Fitness Assessment and Exercise Prescription			
FITT 1575 Fitness Prescription for Special Populations			
FITT 1098 Fitness Technical Field Experience or 1095 Cooperative Education			
Graduates Fall 2011			
<b>Measurement tool(s):</b>			
Rubric from Internship			
Certification Exam			
<b>Type of tool (for each tool listed above, indicate type of tool):</b>			
Direct, external			

Achievement Target (if more than one measurement tool, list target for each tool separately):

Tool 1: Students will achieve 70% on Internship rubric

Tool 2: 70% of Graduates will take certification exam and score a minimum of 70%

Assessment Results/Findings (if more than one measurement tool, list results for each tool separately):

Exit Competency 1: No rubric was developed and no data was kept

Exit Competency 2: No rubric was developed and no data was kept

Exit Competency 3: There was no tracking system in place and no data was collected.

No thresholds or targets were achieved.

Action Plan (close the loop):

HWPS is in the process of hiring a full-time faculty member for the Fitness program. With that position, assessment will take place, tools will be developed, data will be gathered and kept, and assessment will be reported.